



財団法人古武道連盟
Zaidan Hojin Kobudo Renmei

Kumitachi

1. Ippon Me (一本目) Mamuka Giri (真向斬り)
Kill opponent straight ahead
2. Nihon Me (二本目) Morote Tsuki (諸手突き)
Kill with two handed thrust
3. Sambon Me (三本目) Hidari Kesagiri (左袈裟斬り)
Kill with diagonal cut to the left
4. Yonhon Me (四本目) Suihei Giri (水平斬り)
Kill with a horizontal cut
5. Gohon Me (五本目) Migi Kesagiri (右袈裟斬り)
Kill with diagonal cut to the right
6. Roppon Me (六本目) Hidari Kesagiri (左袈裟斬り)
Kill with diagonal cut to the left

Toyama Ryu Kata 戸山流形

1. Ippon Me (一本目) Mea No Teki (前の敵)
Enemy to the front
2. Nihon Me (二本目) Migi No Teki (右の敵)
Enemy to the right
3. Sambon Me (三本目) Hidari No Teki (左の敵)
Enemy to the left
4. Yonhon Me (四本目) Ushiro No Teki (後の敵)
Enemy to the rear
5. Gohon Me (五本目) Chokuzen No Teki (直前の敵)
Enemies just in front
6. Roppon Me (六本目) Ushiro Mae No Teki (後前の敵)
Enemies to rear and front
7. Nanahon Me (七本目) Hidari Migi Mae No Teki (左右前の敵)
Enemies left, right, and front
8. Happon Me (八本目) Itto Dodan (一刀土壇)
Single stroke execution

Shoden Seitei Kata 初伝 制定形

1. Ippon Me (一本目) Hidari Kesa / Migi Kesa (左袈裟 / 右袈裟)
Diagonal downward cut to the left / Diagonal downward cut to the right
2. Nihon Me (二本目) Hidari Kesa / Gyaku Kesa (左袈裟 / 逆袈裟)
Diagonal downward cut to the left / Reverse upward cut
3. Sambon Me (三本目) Hidari Kesa / Suihei (左袈裟 / 水平)
Diagonal downward cut to the left / Horizontal cut
4. Yonhon Me (四本目) Hidari Kesa / Migi Kesa / Gyaku Kesa (左袈裟 / 右袈裟 / 逆袈裟)
Diagonal downward cut to the left / Diagonal downward cut to the right / Reverse upwards cut
5. Gohon Me (五本目) Rokudan Giri (六段斬)
Six Cut Pattern



財団法人古武道連盟
Zaidan Hojin Kobudo Renmei
Chuden Seitei Kata 中伝 制定形

1. Ippon Me (一本目) Mea No Teki (前の敵)
Enemy to the front
2. Nihon Me (二本目) Hidari No Teki (左の敵)
Enemy to the left
3. Sambon Me (三本目) Migi No Teki (右の敵)
Enemy to the right
4. Yonhon Me (四本目) Chokuzen No Teki (直前の敵)
Enemies just in front
5. Gohon Me (五本目) Ushiro No Teki (後の敵)
Enemy to the rear
6. Roppon Me (六本目) Migi Hidari Mae No Teki (左右前の敵)
Enemies right, left, and front
7. Nanahon Me (七本目) Zengosayu No Teki (前後左右の敵)
Enemies in all directions
8. Happon Me (八本目) Ta tsu No Teki (多数の敵)
Great number of enemies

Basic Cuts

The 8 basics cuts are performed as part of the warm-up exercises at the beginning of each class. Each cut is repeated ten times. Maintaining proper form is very important. You can find details on the basic cuts at Toyama Ryu Kihongiri.



Jōdan: High vertical cut - right hand ends level with shoulder



Chudan: Middle vertical cut - kissaki ends level with throat



Gedon: Low vertical cut - kissaki ends level with knee



Hidari Kesa: Falling diagonal cut to the left



Migi Kesa: Falling diagonal cut to the right



Migi Kesa Gyaku Kesa: Falling diagonal cut to the right followed by reverse diagonal cut



Hidari Kesa Gyaku Kesa: Falling diagonal cut to the left followed by reverse diagonal cut



Suihei: Level horizontal cut going from left to right and then reversing and cutting from right to left.