



財団法人古武道連盟

Zaidan Hojin Kobudo Renmei

Hokushin Ko Ryu aikijujutsu

Kansetsu Waza

KOGEKI	SEN-NO-SEN	GO-NO-SEN
Men tsuki:	Mae hiji + Ude osae	Ori komi + Ude osae
Do tsuki:	Kote gaeshi	Kote gaeshi
Yokomen uchi:	Kuguri gyaku	Hiji uchi otoshi + Kubi jime
Nuki uchi:	Ori komi + Ude osae	Wa uke + Kuguri gyaku
Men uchi:	Ori komi / Mae hiji + Ude osae / Ude nobashi	Hiji otoshi + Ude osae /Waki gatame

Aiki Nage

KOGEKI	SEN-NO-SEN	GO-NO-SEN
Men tsuki:	Sumi otoshi	Konoha otoshi
Do tsuki:	Kaiten nage	Garami nage
Yokomen uchi:	Irimi nage	Tenbin nage
Nuki uchi:	Mawashi nage	Wa otoshi
Men uchi:	Kasumi nage	Ukeotoshi

Koshi Nage

KOGEKI	WAZA
Men tsuki:	Kata mochi + O goshi + Atemi + Hiji osae
Do tsuki:	Chudan barai + Uke goshi + Atemi + Hiji osae
Yokomen uchi:	Kosa mochi + Koshi / Kata guruma + Atemi + Hiji osae
Nuki uchi:	Wa uke + Harai goshi + Atemi + Hiji osae
Men uchi:	Morote mochi + Seoi nage + Atemi + Hiji osae



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Daoshi Waza

KOGEKI	WAZA
Men tsuki:	Soto irimi + Daoshi + Hiji osae
Do tsuki:	Chudan barai + Daoshi + Hiji osae
Yokomen uchi:	Irimi ude uke + Daoshi + Hiji osae
Nuki uchi:	Wa uke + Daoshi + Hiji osae
Men uchi:	Hazuki uke + Daoshi + Hiji osae

Sutemi Nage

KOGEKI	WAZA
Men tsuki:	Soto irimi + Yoko nage
Do tsuki:	Chudan barai + Yoko nage
Yokomen uchi:	Irimi ude uke + Tani otoshi
Nuki uchi:	Wa uke + Tani otoshi
Men uchi:	Riote dori + Yoko guruma

Kotaete Geri

KOGEKI	WAZA
Men tsuki:	Sukui nage
Do tsuki:	Soto irimi + Nuki uchi tenkan-ho + Mawashi nage
Yokomen uchi:	Soto gedan barai + Daoshi + Hiji osae
Nuki uchi:	Gedan hazuki otoshi
Men uchi:	Morote uke + Daoshi + Hiji osae



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Buki Dori

KOGEKI	UKE WAZA	OTOSHI WAZA
Nuki uchi + Tsuki jodan	Ushiro ashi + Soto irimi ashi	Daoshi / Kote ori+ Hiji osae
Nuki uchi + Tsuki chudan	Ushiro ashi + Osae uke	Kote ori + Hiji osae
Nuki uchi + Yokomen	Ushiro ashi+ Irimi ude uke	Waki gatame / Konoha + Hiji osae
Yokomen + Nuki uchi	Ushiro ashi+ Teisho ate	Waki gatame + Hijijime osae
Nuki uchi + Shomen	Ushiro ashi+ Morote uke	Mae hiji / Daoshi + Hiji osae

Technique Requirements

Yakusoku Atemidori:

Nanakyu	Ma, Ukemi, Taisabaki
Rokukyu	+ Kuzushi no Kata,
Gokyu	Kansetsu Waza (Sen-no-Sen)
Yonkyu	+ Kansetsu Waza (Go-no-Sen)
Sankyu	+ Koshi Nage, Daoshi Nage
Nikyu	+ Sutemi Nage, Kotaete Geri
Ikkyu	+ Aiki Nage
Shodan	+ Ippon Atemidori +Yakusoku Bukidori + Zanshin
Nidan	+ Ippon Bukidori
Sandan	+ Jissai Atemidori & Bukidori + Kobudo Shiken



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Randori Aiki Jujutsu

Kogeki	Waza
Men ate + Tsuki jodan	Men ate + Waki gatame (mae hiji) / Kote gaeshi
Men ate + Tsuki chudan	Kata uke + Gidan atemi + Konoha / Kote gaeshi
Men ate + Mawashi tsuki	Ude uke + Men ate + Hazuki otoshi / Harai uchi empi otoshi
Men ate + Ura nuki uchi	Teisho ate + Waki gatame (mae hiji) / Kote gaeshi
Men ate + Men uchi	Kasumi nage / Uki otoshi
Men ate + Kekomi	Daoshi / Hiki otoshi
Kekomi + Men tsuki	Daoshi / Yoko otoshi (kuguri gyaku)
Kekomi + Mawashi geri	Daoshi